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ALLERGY SKIN TESTING AND MEDICATIONS

Several medications interfere with allergy skin testing. If you would like to be skin tested, please follow the recommended time intervals listed below for allergy medications that would need to be stopped for accuracy. **Please do not stop any chronic medications.** The nurse will ask you what medications you are taking, **so please have a complete list when you come to the office.** If you have severe allergy or asthma symptoms you may not be tested for safety reasons. It will be done at the discretion of your physician.

DO NOT STOP ANY OF THE FOLLOWING CHRONIC MEDICATIONS TO TREAT OTHER CONDITIONS (EXAMPLES LISTED BELOW)

Blood pressure medications
Antibiotics
Antidepressants
Inhalers for asthma or COPD
Oral steroids
Thyroid medications
All asthma medications
Cardiac (heart) medications
Psychiatric medications

The following categories of Medications **need** be Stopped **5 days** Before Skin Testing with a few **7-day** exceptions as noted.

This list may not be complete, since new medications come on the market frequently, so please call us with any questions:

1. Older Allergy Medications

Benadryl (diphenhydramine)	Ru-Tuss, Triaminic (pheniramine)
Trinalin (azatadine)	Polaramine (tripelenamine)
Actifed (triprolidine)	Dimetapp, Dimetane, Bromfed (brompheniramine)
Chlor-Trimeton (chlorpheniramine)	Periactin (cyproheptadine)

2. Non-Sedating Allergy Medications

Claritin, Alavert (loratadine) (7days)	Allegra (fexofenadine)
Clarinex (desloratadine) (7days)	Zyrtec (cetirizine)
Xyzal (levocetirizine) (7days)	

3. Over-the-Counter Cold, Sinus, and cough Medications

Phenergan Cough Syrup (promethazine)	Alleve Cold
Advil Cold/Sinus	Alka-Seltzer Plus/Cold
Comtrex	Contact
Coricidin	Drixoral
Pediacare	Rondec
Rynatan	Sinutab
Theraflu	Triaminic
Tylenol Cold/Sinus	Sudafed Allergy
Semprex D	Anything else with "PM" or "Allergy" in the name

4. Medications for Itching and Hives

Atarax, Vistaril (hydroxyzine)

5. Medications for Nausea and Motion Sickness

Antivert, Bonine (meclizine)
Dramamine (dimenhydrinate)

6. Over-the-Counter Sleeping Medications

Advil PM	Excedrin PM
Sominex	Nyquil
Tylenol PM	
Anything else with "PM"	

7. Allergy Nasal Sprays

Patanase (olapatidine) **(Dr. Sikorski patients stop 7days prior)**
Astelin, Astepro (azelastine) **(Dr. Sikorski patients stop 7days prior)**
Dymista (azelastine) **(Dr. Sikorski patients stop 7days prior)**
All others are not a problem

**The following drugs should NOT be discontinued,
but please tell the nurse if you are taking any of them:**

Norpramin (desipramine)	Sinequan (doxepin)
Tofranil (imipramine)	Remeron (mirtazapine)
Zyprexa (olanzapine)	Xanax (alprazolam)