

mentha piperita oil

Where is **mentha piperita oil** found?

Mentha piperita oil is used in various food products for flavoring, including teas, ice cream, candy, chewing gum, and toothpaste. This substance can also be found in household items with a minty aroma such as shampoo, conditioner, lotions, and soaps.

How can you avoid contact with **mentha piperita oil**?

Avoid products that list any of the following names in the ingredients:

- FEMA No. 2848
- HSDB 1900
- Mentha piperita oil
- Oil of peppermint
- Oils, mentha piperita
- Oils, peppermint
- Peppermint absolute (Mentha piperita)
- Peppermint oil
- Peppermint oil (Mentha piperita)
- Peppermint oleoresin/extract (Mentha piperita L.)
- Peppermint terpenes
- Pfefferminz oel
- Pfefferminz oel [German]

What are some products that may contain **mentha piperita oil**?

Creams and Lotions

Dental Products

Household Products

Hair Care

Liquids

Pet Care

A clinician's point of view.

Additional resources and links for **mentha piperita oil**.

To submit resources or links, please fill out the submission form at the top of this page.

For additional information about products that might contain **mentha piperita oil**, visit the Household Products Database online at the United States National Library of Medicine. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.



CONTACT DERMATITIS INSTITUTE™

www.contactdermatitisinstitute.com

Peppermint Oil

(P-036)

Your patch testing results indicate that you have a contact allergy to **Peppermint Oil**. It is important that you familiarize yourself with this chemical and take steps to avoid coming in contact with it.

i What is Peppermint Oil and where is it found?

Peppermint oil is used widely for its aromatic fragrance and therapeutic properties. The major ingredient of peppermint oil is menthol. Peppermint oil is given orally, topically and as an inhalant. Examples where Peppermint oil is used include confections (candies, chewing gum), cosmetics, toothpastes, mouthwashes, pharmaceutical products and cigarettes. Peppermint oil is also used in aromatherapy. Menthol can be found in many antiseptic, antipruritic and local anesthetic products. Further research may identify additional product or industrial usages of this chemical.

i What else is Peppermint Oil called?

This chemical can be identified by different names, including:

Black Peppermint

Brandy Mint

Chinese Peppermint

Corn Mint

Extract of Mentha piperita

Extract of Peppermint

Herba Menthae

Mentha Pilperita

Menthe

Mint

Mint Balm

Peppermint Essential Oil

Peppermint Oil

Western Peppermint

This may not be a complete list as manufacturers introduce and delete chemicals from their product lines.

THINGS YOU CAN DO TO HELP MANAGE YOUR CONTACT ALLERGY

- ☒ **Be vigilant ... read the product label.** Always take the time to read the ingredient listing on product packages. This should be your first step *each* time you purchase a product as manufacturers sometimes change product ingredients. If you have any concerns ask your pharmacist or your doctor.
- ☒ **Test the product first.** If you have purchased a new product you should test it on a small skin area to see if you get a reaction before using the product on larger skin areas.
- ☒ **Advise people you obtain services from of your contact allergy.** This should include people like your pharmacist, doctor, hairdresser, florist, veterinarian, etc.
- ☒ **Inform your employer if the source of your contact allergy is work related.** You should identify the specific source of the chemical and take the necessary steps to avoid further exposure. Protective wear may be adequate or you may need to make a change in your work activities. Both you and your employer benefit when the cause of your occupational dermatitis is eliminated.
- ☒ **"Google" it.** The internet is an excellent source of ingredient information that can be searched by product, by company and by specific chemical. Some helpful independent internet links include:
 - www.nlm.nih.gov/pubs/factsheets/factsheets.html (U.S. Dept. of Health and Human Services; alphabetic list)
 - www.nlm.nih.gov/pubs/factsheets/factsbj.html (U.S. Dept. of Health and Human Services; subject list)
 - www.cosmeticsinfo.org (Cosmetic Industry Category Ingredient Database)
 - www.whatsinsidescjohnson.com (information on all S.C. Johnson product ingredients)

If you have any future contact dermatitis concerns or questions, please call the doctor's office.

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the art and science of smart patch testing™

NA82: Mentha piperita oil (peppermint oil)

Patient Information

Your patch test result indicates that you have a contact allergy to mentha piperita oil. This contact allergy may cause your skin to react when it is exposed to this substance although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching, and fluid-filled blisters.

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| ■ Oils, mentha piperita | ■ Pfefferminz oel [German] |
| ■ Oils, peppermint | |
| ■ Peppermint absolute (Mentha piperita) | |
| ■ Peppermint oil | |

What are some products that may contain mentha piperita oil?

Creams and Lotions:

- Noxzema Instant Shave-Regular
- Noxzema Medicated Instant Shave, Extra Sensitive Skin
- Noxzema Sensitive Skin Cream-Jar
- Revlon Professional Cuticle Massage Night Cream
- Vaseline Intensive Care Solutions Smooth Feet

Dental Products:

- Fixodent Complete Denture Adhesive Cream
- Fixodent Denture Adhesive Cream
- Fixodent Denture Adhesive Powder, Extra Hold

Household Products:

- Ace with Bleach Laundry Detergent Powder
- Bonide Mouse Magic Rat & Mouse Repellent

Hair Care:

- 8 in 1 Perfect Coat Select Antibacterial Deodorizing Shampoo
- Aussie Citrifier Shampoo
- Aussie Hair Salad Conditioner Lightweight-Clear
- Aussie Instant Freeze Spray, Aerosol
- Paul Mitchell Tea Tree Special Shampoo
- Salon Selectives Shampoo Level 1: Frequent Use
- Suave Herbal Care Shampoo, Lavender, Passion Flower & Vitamin B5
- Willow Lake Shampoo for Deep Cleansing and Clarifying, Tea Tree Oil & Sage
- Willow Lake Shampoo for Normal to Oily Hair, Lavender & Mint

Liquids:

- Clearasil StayClear Deep Clean Astringent
- Noxzema 2 In 1 Astringent
- Sea Breeze Astringent Oily Skin

Pet Care:

- Pet Gold 3 in 1 Antibacterial Shampoo for Dogs

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