

vanillin

Where is **vanillin** found?

Vanillin is used in both commercial and domestic baking, perfume manufacture, and aromatherapy. Products such as ice cream, chocolate, custard, caramel, and coffee contain vanillin as a flavor enhancement.

How can you avoid contact with **vanillin**?

Avoid products that list any of the following names in the ingredients:

- 2-Methoxy-4-formylphenol
- 3-Methoxy-4-hydroxybenzaldehyde
- 4-08-00-01763 (Beilstein Handbook Reference)
- 4-Formyl-2-methoxyphenol
- 4-Hydroxy-3-methoxybenzaldehyde
- 4-Hydroxy-5-methoxybenzaldehyde
- 4-Hydroxy-m-anisaldehyde
- AI3-00093
- BRN 0472792
- Benzaldehyde, 4-hydroxy-3-methoxy-
- CCRIS 2687
- EINECS 204-465-2
- FEMA No. 3107
- HSDB 1027
- Lioxin
- Methylprotocatechuic aldehyde
- NSC 15351
- Protocatechualdehyde 3-methyl ether
- Protocatechualdehyde, methyl
- Vanilla
- Vanillaldehyde
- Vanillic aldehyde
- Vanillin
- Vanillin (natural)
- Vanilline
- Zimco
- m-Anisaldehyde, 4-hydroxy-
- p-Hydroxy-m-methoxybenzaldehyde
- p-Vanillin

What are some products that may contain **vanillin**?

Baked goods

Confectionery

Perfumes

A clinician's point of view.

Additional resources and links for **vanillin**.

To submit resources or links, please fill out the submission form at the top of this page.

For additional information about products that might contain **vanillin**, visit the Household Products Database online at the United States National Library of Medicine. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.

