

Princeton Allergy & Asthma Associates, P.A.

D. Loren Southern, M.D.

Andrew J. Pedinoff, M.D.

Julie A Caucino, D.O.

Helen S. Skolnick, M.D.

Kristen M. Sikorski, M.D.

Princeton (609)921-2202

Plainsboro (609)799-8111

Hamilton (609)888-1555

Flemington (908) 782-0093

Your **MULTI-TEST** has been scheduled for _____

This will take about 30 minutes with the nurse.

Your **REPEAT SKIN TEST** has been scheduled for _____

This will take about 30 minutes with the nurse followed by 15 minutes with the Doctor.

*A **parent/legal guardian** must be present with children under 18 years unless we have prior written authorization.*

Prior to each visit **DO NOT** take the medications shown in the following list:

FOR SKIN TESTING

AVOID 72 hours (3 DAYS) prior

Dephenhydramine = Benadryl

Tripelennamine = Polaramine

Clemastine = Tavist

Brompheniramine= Bromfed,Dimetapp

Chlorpheniramine=Chlortrimeton,Rynatan

Pheniramine = Ru-Tuss, Triaminic

Tripolidine = Actifed

Meclizine = Dramamine, Bonine

Azatadine = Trinalin

Phenindamine = Nolahist, Nalamine

Promethazine = Phenergan

AVOID 72 hours (3 DAYS) prior - cont'd

Ranitidine = Zantac

Nizatidine = Axid

Cimetidine = Tagamet

Famotidine = Pepcid

Seroquel

EYE DROPS

72 hours (3 DAYS) prior

Livostin, Optivar, Elestat, Bepreve

AVOID 96 hours prior (4 DAYS)

Hydroxyzine = Atarax, Vistaril

AVOID 1 WEEK PRIOR

Loratadine = Claritin

Desloratadine =Clarinx

Fexofenadine = Allegra

Cetirizine = Zyrtec

Zyprexa, Xyzal

Remeron

AVOID 2 weeks prior

Azelastine = Astelin nasal spray
or Astepro

Olapatadine = Patanase

***Over the counter meds that state PM,
ask pharmacist if it has antihistamine**

* Wear a short sleeved shirt for skin test

* You may continue to use nasal sprays
(except Astelin) and decongestants.

* Remember: 24 hours notice to cancel

* If you have a fever or asthma related
symptoms, call prior to appointment

* No fever in last 24-48 hours 6/2/2010

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Your **PFT (Pulmonary Function Test)** has been scheduled for _____
This will take up to 30 minutes with the nurse followed by 15 minutes with the Doctor.

*A **parent/legal guardian** must be present with children under 18 years unless we have prior written authorization.*

Prior to each visit **DO NOT** take the medications shown in the following list:

FOR PFT (Pulmonary Function Test)

AVOID the following 8 hours prior:

Proventil, Ventolin,
Maxair, Atrovent, Pro-Air
Xopenex and albuterol

* You may continue to use nasal sprays
and decongestants.

* No fever in last 24-48 hours

AVOID 12 hours prior:

Serevent, Advair,
Foradil & Symbicort

* If you have a fever or asthma related
symptoms, call prior to appointment

AVOID 24 hours prior

Spiriva

* Remember: 24 hours notice to cancel appointment.

6/2/2010

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